

So you want to be a Doctor?

A medical adventure covering some fundamentals of medicine alongside pathways into medical school.

Course Overview

So you want to be a Doctor? is a passion project from the founder of Wise Minds, Dr Rhys, designed for students who are curious about Medicine as a career path. Part hands-on workshop and part careers guide, the course gives students a genuine taste of clinical practice alongside a clear, honest picture of what it takes to get into medical school and what life as a doctor really looks like. Everyone involved in this course lives and breathes medicine, and we want to share that passion with our students who are interested in the profession.

The course has four aims:

1. **Practical skills:** to get students learning practical medical skills, such as using a stethoscope to listen to the heart and lungs, to ignite a smouldering passion for the discipline.
2. **Careers in medicine:** to explore the medical field as a potential future career, with a focus on the variety of specialties and subspecialties.
3. **Pathways into medicine:** to explore the pathways into medical school and the academic and interpersonal expectations of medical schools during the selection process.
4. **The stories:** to show how interesting medicine can be, with stories from the hospital, rural adventures and the clinic (all de-identified).

Students will leave with practical skills they can demonstrate, a realistic understanding of the training pathway and specialty options, and a concrete plan for the subjects, experiences and preparation that will strengthen a future medical school application. Most of all, we want students to finish the week knowing whether Medicine excites them and, if it does, exactly how to pursue it.

Course Delivery:

The course will be delivered on site at Wise Minds Tutoring Belconnen in the following formats:

- Interactive lecture-style sessions
- Hands-on clinical skills workshops
- Small group case discussions
- Course book and activity worksheets
- Open Q&A sessions with Dr Rhys

Target students:

- Year 10 Students
- Year 11 Students
- Year 12 Students

Prerequisites:

None. Just curiosity and an interest in Medicine.

Related Wise Minds Courses:

- (Add related courses)

Key Course Information

Length: 18 Hours total (3 days)
Dates: Wednesday 6th to Friday 8th January
Times: 9am to 3pm daily
Location: Wise Minds Belconnen
Positions: 12 students (First in best dressed)
Price: $550 for the entire course (Including GST)
(Can be paid in two equal instalments)

Relevant School Subjects

- Biology, Chemistry and Human Biology
- Mathematics (supports UCAT/GAMSAT reasoning)
- English and communication skills
- Valuable for any student considering Medicine or a health science career

Enrolment:

Please email the course director below expressing your interest and request to be enrolled in the course. Please note a deposit will be required to confirm your slot.

Course Director: Rhys@WiseMindsTutoring.com.au (Ph: 0489089919)

Topic List

Practical Medical Skills

Introduction to the clinical examination
Taking a patient history
Measuring vital signs (pulse, blood pressure, respiratory rate, temperature and oxygen saturation)
Anatomy and physiology of the heart and lungs
Using a stethoscope to listen to the heart
Using a stethoscope to listen to the lungs
Hand hygiene and infection control
Basic life support principles
Communicating with patients

Medicine as a Career

What a doctor actually does: a day in the life
The training pathway: medical school, internship, residency and specialty training
Overview of the major specialties (general practice, surgery, internal medicine, emergency, paediatrics, psychiatry, anaesthetics and more)
Exploring subspecialties and niche fields
Rural and remote medicine
Hospital, community, research and academic careers
Wellbeing and the realities of the profession

Pathways into Medical School

Undergraduate versus graduate-entry medicine
School subject choices and ATAR considerations
The UCAT ANZ: structure and preparation
The GAMSAT: an overview for graduate entry
Medical school interviews and Multiple Mini Interviews (MMIs)
Personal qualities selectors look for
Building relevant experience: volunteering, leadership and work experience
Rural, Indigenous and bonded entry pathways

Stories from Medicine

Tales from the hospital wards (de-identified)
Rural medicine adventures
Life in the clinic
Ethical dilemmas in medicine: group discussion
Open Q&A with Dr Rhys

Student engagement and progress will be monitored throughout the course via small group discussions and practical skills sessions. If a student is not progressing at a satisfactory level, we will inform the parents during the course itself.